

HEART OF TEXAS COUNSELING ASSOCIATION NEWSLETTER

VOLUME 1 ISSUE 1
FALL 2007

2007 – 2008 CALENDAR

- 1 SEP 18 HOTCA Meeting
- 2 SEP 30-OCT1 Dir. Guidance
Counselors Workshop-
Austin
- 3 OCT 1 College Night
- 4 NOV 7-10 TCA Convention
- 5 Nov 13 HOTCA Meeting
- 6 Feb 12 HOTCA Meeting
- 7 Apr 11 HOTCA Meeting

2007 – 2008 Slate of Officers

President: Nick Galvan
President Elect: Amy Ames
Past President: Lynn Wisely
Secretary: Lisa Snelling
Treasurer: Garla Neal-Gonzales
Council Member at Large:
John Baughman
Council Member at Large:
Carroll Bonner
Senator: Sharon Cunningham
Membership Chairperson:
Janna York

HOTCA WEBSITE: www.hotxca.org
TCA WEBSITE: www.txca.org

EMBRACE KNOWLEDGE

FROM THE PRESIDENT:

We start a new year with a new theme. Our new theme will be **EMBRACE KNOWLEDGE**. As counselors, social workers, therapists and psychologists, our knowledge guides us each day. During our four workshops, we hope to assist you in acquiring more knowledge and improve your skills in your professions.

For our first session Mr. Sal Acosta will be our speaker. The title of his presentation will be ***Becoming a More Ethical and Culturally Competent Counselor***. The objectives for his presentation are as follows:

Recognize the changing demographics of McLennan County, Texas since 1980.

Expand participants' understanding and knowledge base about different racial and cultural groups.

Recognize several of participants' own cultural values and how they impact on their work.

Apply various sections of the ACA code of Ethics and ASCA Ethical Standards for School Counselors to participants' own and other cultures' values.

Increase awareness of participants' cultural assumptions.

Identify a process for making ethical decisions with culturally diverse populations.

TCA ANNUAL CONFERENCE

The 51st Annual Professional Growth Conference will be held in Corpus Christi from November 7th – 10th, 2007. This conference promises to be a conference to remember as we sail into the future with reflections and vision. All events will be held at the Conference Center (CC), the Omni Bayfront (OB) or Omni Marina (OM). Keynote speakers are Suzie Humphreys and Jeffrey A. Kottler, best-selling author.

Pre-Registration Deadline--October 12, 2007.

Quarterly Meetings

The HOTCA will continue to have their meeting at the Crestview Church of Christ Community Center at 7129 New Delhi. The HOTCA business meeting will begin at 8:30 a.m. and the workshops will follow at 9:00 a.m.

Amy Ames, President-Elect, has been working very hard to get our speakers. As soon as the other speakers complete their applications, their information will be made available to all members.

Kristy Donaldson will Chair the Hospitality Committee. The Community Center will open at 8:00 which allows us to set-up for our meetings and for our members to network and enjoy some light refreshments.

HOTCA Scholarship Program

Sharon Cunningham will Chair the Scholarship Program. Let's help her get some good candidates this year.

HOTCA Website

Lynn Wisely will be up-dating the website. Once the president learns how to maintain the website, he will take over.

February 12th Workshop

Dr. Harris Ty Leonard, LPC-S, and Dr. Wen-Mei Chou, LPC-S, LMFT, will be the speakers for the February 12 Workshop. The title of their presentation is ***Transformational Breath Therapy***. They are both faculty members at the University of Mary Hardin-Baylor.

April 11th Workshop

Dr. Wesley M. Eades, Ph.D., LPC, LMFT, will be our speaker for the April 11th Workshop. The title for this workshop is ***Ethics for Control Freaks: The Functioning of Rules in Anxious Systems***.

College Night

College Night is scheduled for October 1, 2007. We need to continue to support this program. We will have more information during our first meeting.

Legislative Update

Our Senator to TCA wants to remind you that there are two ways to stay current with legislative updates: check the TCA website regularly for legislative news, and watch your emails. As information comes to her, she will forward it on to you throughout the year. Make sure she has a working email for you.

Suggestions from members

As President, I would like some feedback from the members on the following:

What we do, that we like.

What we do, that we do not like.

What we do, that we would like to change.

What we do not do, that we would like to do.

You can e-mail me at nicgalvan@yahoo.com with your suggestions and ideas.