

Heart of Texas Counseling Association
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TAPPING



Potential

Members of our profession universally seek to help others see the potential within themselves; potential for success, for change, for growth and for leadership. We serve as visionaries, often seeing things our clients can't yet see. We teach, we coach, we question and we encourage with the fundamental belief that each life is worth living and living well. As we begin the 2006-2007 Heart of Texas Counseling Association year, we have four wonderful sessions planned around our theme, "Tapping Potential."

In each newsletter, Nick Galvan, our President-Elect, will tell you about each

upcoming speaker. Garla Neal-Gonzales (Treasurer) will update us on our financial status. Janna York (Membership Chair) will keep us posted on our membership, while Sharon Cunningham (Senator) will tell us what we need to know with respect from the Texas Counseling Association. You are invited to submit articles as well for inclusion in the HOTCA quarterly newsletter by sending your information to lwisely@reicher.org.

Our first meeting is set for September 19, 2006, at Crestview Church of Christ on 7129 Delhi, Waco, TX. From I 35 N or S, take Hwy 6 towards Meridian

(West); take the Sanger Exit and cross over Hwy 6 on the Sanger Bridge. Sanger becomes Delhi at the Londonderry light. Continue on Delhi (Sanger) about two blocks. The church will be on your right – the meeting is in the athletic center. The business meeting is from 8:30 AM to 9:00 AM, while the presentation follows from 9:00 AM to 12 Noon. Please plan to join us at our first meeting of the year.

Lynn W. Wisely
President

TCA: Texas Counseling Association

HOTCA is a chapter of a larger organization, TCA, the Texas Counseling Association. Many HOTCA members are already members of TCA, but for those of you who are not, or who have let your membership lapse, please consider joining. Membership is \$90 for one year, and \$45 if you are a student. TCA is, among other things, our lobbying body for our profession. Jan

Friese, the executive director, spends much time on the hill advocating for counselors in the legislature. TCA also hosts a large counseling conference once per year. This year, the dates are November 29 through December 2 in San Antonio, TX. Over 190 high-quality workshops are offered over the three-day conference. Discounted registration fees apply to members. Register no later than November 1 for the best rates. Please consider putting this conference on your professional growth list this year. You can join TCA, as well as register for the conference by going to www.txca.org

Tell your friends about HOTCA. Plan to attend and make new friends and professional contacts. Tap your potential, and through our CEU sessions, learn how you can improve what you do.

Rap-a-tap-tap, see you on September 19th,

Lynn W. Wisely

Membership Chair Report **Janna York**

We have had 48 people join HOTCA for 2006-2007 so far. Ten (10) memberships have arrived recently via the mail since Sharon Cunningham's e-mail went out. The others had joined at the last meeting. I am looking forward to welcoming renewing members, as well as new members at our first meeting, Sept. 19, 2006.

President-Elect Report **Nick Galvan**

On September 19, 2006, Dr. Julie Ivey from Baylor University will teach us about "Ethical Decision Making and Special Populations." Earn 3 CEU credits by joining us from 9 AM to 12 Noon. Certificates will be available for all who arrive on time and stay through the end.

Coming on November 7 is one of our own, Dr. John Baughman. He will talk with us about a relatively recent technique in counseling called, Meridian Tapping. The title of his session is: “Energy Psychology : Practical Application for Counseling Professionals.”

Treasurer Report
Garla Neal-Gonzales

Stay tuned for a fiscal year budget report as well as a quarterly report on September 19, 2006 at our business meeting from 8:30 AM to 9:00 AM.

TCA Senator Report
Sharon Cunningham

The HOTCA membership has been receiving updated Senate reports throughout the summer via emails. Thanks to the efforts of TCA, counselors were to be included in the 65% ruling. Future news points to the possibility of Medicaid Adult Mental Health benefits being taken away once again in the near future. Please watch your emails for notice when this goes up again for voting and be sure to contact the appropriate legislators for your comments on this issue. It was reinstated this last time due to your comments and, hopefully, will be maintained again with your help. Also, a previous email was sent out stating a change in the dues from \$90 to \$100 for regular membership and \$45 to \$50 for student and retired memberships as of September 1. The TCA Executive Board voted to implement these changes after the November TCA Conference effective December 1 so you still have time to join under the old rates.

TCA wants to encourage all counselors to attend the TCA 50th Anniversary Conference in San Antonio in November. In addition to being a great opportunity for professional growth and networking, many interesting activities are being planned to celebrate TCA's 50th Anniversary. You may go online at www.txca.org to register for the conference as well as to reserve a room at one of the participating hotels. Please mark this on your calendar now and plan to attend.

The TCA Professional Growth Conference dates are November 29 through December 2, 2006.