



**HEART OF TEXAS
COUNSELING
ASSOCIATION
NEWSLETTER**

VOLUME 1 ISSUE 3
WINTER/SPRING 2008

2007 - 2008 CALENDAR

Feb 12 HOTCA Meeting
Feb 17-19 TCA Secondary School
Counselor Conference,
Galveston Island Conv. Center
Apr 11 HOTCA Meeting
Apr 13-15 TCA Elementary School
Counselor Conference,
Galveston Island Conv. Center
Jun 21-23 TCA Summer Leadership
Training Institute, Sheraton
Arlington Hilton

**HOTCA FEB. 12TH MEETING
8:15 Business Meeting**

All meetings are held at the Crestview Church of Christ Community Center at 7129 New Delhi. **The HOTCA business meeting will begin at 8:15 a.m. this time due to awards and elections.** The workshop will follow at 9:00 a.m.

HOTCA WEBSITE: www.hotxca.org
TCA WEBSITE: www.txca.org

**EMBRACE
KNOWLEDGE**

*FROM THE
PRESIDENT:*

HAPPY NEW YEAR!

FEBRUARY 12TH PRESENTATION

Dr. Harris Ty Leonard, LPC-S, and Dr. Wen-Mei Chou, LPC-S, will be our speakers for the February 12th Workshop. The title of their presentation is Transformational Breathwork Therapy. The presenters are faculty members at the University of Mary Hardin-Baylor. Their interactive power-point presentation will include colorful visual aids and experiential exercises. The presenters will briefly review the Breathwork history, theory, and research findings. They will introduce various ways to integrate Breathwork into regular counseling sessions. The presenters will also discuss Breathwork and answer questions with the audience. The program has been approved for 3 hours of CEUs by TCA.

PUBLIC RELATIONS COMMITTEE

Aaron R. Baggett is our new Chair of the HOTCA Public Relations Committee. He is a Career Counselor in the Paul L. Foster Success Center at Baylor University. Mr. Baggett is a graduate of Hardin-Simmons University. He is actively involved in several national and state professional counseling and college counseling organizations. Aaron umpires baseball and enjoys hunting and fishing and spending time with friends.

PUBLIC RELATIONS cont.

As our new Chair for Public Relations, Aaron will lead the committee and is looking for members who are interested in Public Relations. He will be working with other HOTCA members on projects such as recruiting new members, advertising scheduled meetings, and addressing/promoting local counseling and related topics. You can contact Aaron at Aaron_Baggett@baylor.edu or at 254-710-8251.

TEXAS PUBLIC POLICY UPDATE

The **State Board of Examiners of Professional Counselors** has published a comprehensive revision of its rules in the Texas Register (January 18th, 2008). There is a 30-day response time once the rules are published. For more information on these changes, go to www.dshs.state.tx.us/counselor.

Education Commissioner Robert Scott has announced a reorganization of the **Texas Education Agency**. One of the benefits of this reorganization is that the School Counselor and Guidance Program has been moved to the Health and Safety Division of TEA. For more information on these changes, go to <http://www.tea.state.tx.us/>.

HOSPITALITY COMMITTEE

Kristy Donaldson is doing an excellent job at our meetings. We appreciate her hard work and tasty treats.

TCA UPDATE

Just a follow-up on the past emails sent out. TCA President Brenda Melton's father, Harry Foley, passed away on January 20th after a long illness and her husband, Tony Melton, passed away on January 21st after a lost battle with cancer. HOTCA will be sending a \$50 donation in her father's and husband's names to the Children's Bereavement Center of San Antonio, 322 W. Craig Place, San Antonio, a charity selected by the Melton family.

AWARDS AND ELECTIONS

At our February meeting, we will be honoring our outstanding members with selected awards. Please be sure to attend to help us honor these awardees.

Also at the meeting, we will be electing our 2008-2009 HOTCA officers. It is very important that we have a good turnout for these elections.



**FEBRUARY MEETING
STARTS AT
8:15 A.M.**

WORKSHOP BEGINS AT 9 A.M.