

Heart of Texas  
Counseling Association

2009-2010

*INSPIRE*



*From your President:*

Happy New Year! Well, this greeting may be a bit delayed, but considering I just took my Christmas tree down recently, I feel as though I'm about on time. The New Year gives us a great feeling of starting afresh. We make new plans and set new goals. It is a wonderful way in which we are able to renew our lives. One way that I continue to feel that spirit of freshness and revitalization is when I attend our HOTCA meetings and programs. Being able to take that time out of my day to do something a little different, meet new faces and greet more familiar ones, and learn something new helps me to keep that fresh perspective. I hope you also enjoy the times we have together and take advantage of them. By meeting together, we are able to contribute to each other's professional growth and development. We sure miss you when you aren't with us!

Part of keeping that sense of community alive is selecting leaders for our organization. If you have not done so already, I encourage you to think of someone or even yourself and submit a nomination for your HOTCA leadership. The deadline for nominations is February 3<sup>rd</sup>. Also, we will have scholarship forms available at the meeting and on the web for you to give to students, so they may apply for one of our 2 HOTCA scholarships. These scholarships are another way that we contribute to the future by supporting two deserving high school seniors. Thank you for all you do to contribute to a fresh outlook for your clients and/or students each day. The world is a better place because of you!

-Carroll

**2009-2010 HOTCA Executive Board**

<u>Past President:</u>	Amy Ames	<u>Members-At-Large:</u>
<u>President:</u>	Carroll Bonner	Lisa Snelling
<u>President-Elect:</u>	Janna York	Jill Borland
<u>Secretary:</u>	Cristen McClure	<u>Membership Chair</u>
<u>Treasurer:</u>	Pat Weaver	Angela Torp
<u>Senator:</u>	Sharon Cunningham	



*HOTCA Spotlight:*

*Michelle Davis, MEd., LPC-S*

By: Cristen McClure

Michelle Davis, MEd, LPC-S, is currently the clinical director of The Advocacy Center for Crime Victims and Children in Waco, TX. She has a Masters Degree in Educational Psychology from Baylor University and over 12 years of experience in trauma and crisis counseling. She currently supervises students, staff members, and 3 LPC-Interns. Michelle is married and has an eight year old daughter. She began her professional life as a Special Education teacher, worked for a 50-bed group home, and for MHMR before she attended graduate school. She became a counselor after someone in her life helped her through a difficult time. This experience made her want to help people in the same way. Her favorite part of her job at The Advocacy Center is seeing clients make progress. She says, "The clients we work with have such courage and perseverance in the face of terrible trauma. It is meaningful to me to offer support and help them find hope." She also enjoys supervising students and interns who work through the agency. She is proud to say that the Advocacy Center staff and volunteers work tirelessly to provide services to their clients. Michelle feels it is important to be a part of HOTCA so that she can stay abreast of new developments in the field, changes in licensure requirements, and legislative matters that she may want to get involved with. She finds it very convenient to have access to CEUs locally since busy schedules make it challenging to find and complete required continuing education. Thank you Michelle for your hard work and dedication to the counseling profession! HOTCA salutes you!

**Cast Your Vote!!**

February 10<sup>th</sup>'s Business Meeting will include a time of voting for our new officers. Please be in your place at 8:30 to make your voice heard!!

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*inspire*

Speaker Profile:

*Dr. Helen Benedict*

Dr. Benedict is a Licensed Psychologist and Registered Play Therapist-Supervisor, serving as a Professor of Psychology and Associate Director of Clinical Training at Baylor University. She received a PhD in Developmental and Child Clinical Psychology from Yale University and is a member of Phi Beta Kappa. Dr. Benedict has twice received the Psi Chi Award for Excellence in Teaching. She will present her session entitled "Play Therapy for Attachment and Trauma in Young Children" at our February 10<sup>th</sup> meeting.



February 2010

2009-2010 Calendar of Events

February 4-5	TACES Mid-Winter Conference	Austin
February 6	TEXAMCD: Multiple Heritage Counseling and Ethics Training	Conroe
February 10	HOTCA Meeting	Waco
February 14-16	Elementary and Secondary School Counselor Conference	Galveston
March 18-22	ACA Conference	Pittsburg, PA
April 16	HOTCA Meeting & Luncheon	Waco

**Don't Forget to Reserve Your Place!!**

Secret Chef will be catering our luncheon following our April meeting again this year.

The menu will include:

Chicken spaghetti, green beans, salad, bread, banana pudding, tea, and water.

Vegetarian options will also be available.

Cost is \$10 and can be paid to make your reservation at our February 10<sup>th</sup> meeting.

Please mail your check to Pat Weaver at 1028 South Haven Dr., Hewitt, TX 76643 if you are unable to attend the meeting.

Please remember to check emails from our senator, Sharon Cunningham. She is so good about keeping us in the know about important information for our profession!! Thanks, Sharon!



**Quarterly Meetings**

The HOTCA will continue to have their meeting at the Crestview Church of Christ Community Center at 7129 Delhi Road. We will offer a time for networking and refreshments. We are implementing some new procedures this year to foster networking, so make a point to arrive early! The HOTCA business meeting will begin at 8:30 a.m. and the continuing education program will follow from 9:00 a.m. to 12:00 p.m. You must be present for the entire presentation in order to receive CEUs. Dues this year will be as follows: \$30 for regular membership, \$20 for retired membership, and \$10 for student membership.

Please remember to turn off your cell phone or switch it to silent during the HOTCA business meetings and CEU presentations. If it is essential for you to take a call during a meeting, please step into the hall before speaking, so as not to interrupt the meeting. Thank you for your courtesy.