

# HOTCA Happenings

A Newsletter for the Heart of Texas Counseling Association



## Calendar of Events

APR 17  
HOTCA Meeting & Luncheon

MAY 3-5  
Elementary School Counselors Conference

MAY 5  
TCA Advocacy Day

2008 - 2009  
Slate of Officers

President:  
Amy Ames

President Elect:  
Carroll Bonner

Past President:  
Nick Galván

Secretary:  
Lisa Snelling

Treasurer:  
Garla Neal-Montez

Council Member at Large:  
John Baughman

Council Member at Large:  
Jill Borland

Senator:  
Sharon Cunningham

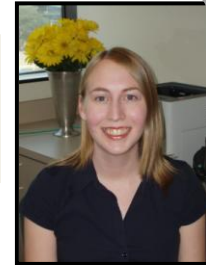
Membership Chairperson:  
Janna York

## Making Strides

### From the President:

We are in the final stretch of our HOTCA year, and what a journey it has been! Membership has been increasing at each meeting, and we have moved forward in our knowledge of several areas of counseling. One of my favorite strides we took as an organization this year was getting to know one another better. The nametags and new format of our networking time has allowed us to put names with faces and facilitate new connections with our colleagues. I must extend my deepest gratitude to the

Executive Board for the time and energy they committed to HOTCA this year. We continued to build upon the strong foundation that was laid by previous officers, and we hope to have set the stage for exciting new things in the coming years. I urge you to not only remain an active member, but invite a friend or two to come with you next year. Consider joining or chairing a committee. Our group is ripe with opportunities for those who would like to make strides in strengthening our chapter and



Amy Ames,  
HOTCA  
President,  
2008-2009

enhancing our role in the counseling profession. Thank you for your encouragement and eager participation this year. It has been an honor to serve as your president, and I am thankful to each one of you for your unique contribution to our profession and our chapter.

### **April is Counseling Awareness Month.**

Visit [www.counseling.org](http://www.counseling.org) and search for the Counseling Awareness Month Celebration Guide for some great suggestions on how you can raise awareness in our community about the important work that counselors do.

2009 – 2010 Slate of Officers

President:  
Carroll Bonner

President Elect:  
Janna York

Past President:  
Amy Ames

Secretary:  
Cristen McClure

Treasurer:  
Pat Weaver

Council Member at  
Large:  
Lisa Snelling

Council Member at  
Large:  
Jill Borland

Senator:  
Sharon Cunningham

## Presenter Profile

Sharon Cunningham holds a Master's degree in education with state certification in Supervision and School Counseling. She is also a Licensed Professional Counselor (LPC), a licensed LPC-Supervisor, and a National Certified Counselor

(NCC). She has been a school counselor for 16 years and has served students in grades PK-12. She is currently in private practice with The Center for Children and Families. Her counseling has included, but is not limited

to the following areas: academic, career, college, family, child abuse, and crisis counseling. Her clientele focuses on adolescents, adults, and victims of child abuse.

“Ethical Issues in Counseling Supervision” will focus on supervision issues relating to the supervision of LPC-Interns as well as to the supervision of school counselor interns. A portion of the program will offer a panel consisting of LPC supervisors, LPC interns, and hopefully a school counselor intern. If you are interested in serving on the panel or if you have any specific questions you want answered, please email Sharon at [scunninghamlpc@sbcglobal.net](mailto:scunninghamlpc@sbcglobal.net).

## Program Objectives for April 17th Meeting

- To develop a basic understanding of the ethical standards for counseling supervision.
- To identify and examine an ethical decision making model.
- To share information and reactions about psychotherapy supervision experiences.
- To develop appropriate documentation
- tools needed for an effective counselor supervisor.

## Quarterly Meetings

The HOTCA will continue to have their meeting at the Crestview Church of Christ Community Center at 7129 Delhi Road. We will offer a time for networking and refreshments. We are implementing some new procedures this year to foster networking, so make a point to arrive early! The HOTCA business meeting will begin at 8:30 a.m. and the continuing education program will follow from 9:00 a.m. to 12:00 p.m. You must be present for the entire presentation in order to receive CEUs.

Please remember to turn off your cell phone or switch it to silent during the HOTCA business meetings and CEU presentations. If it is essential for you to take a call during a meeting, please step into the hall before speaking, so as not to interrupt the meeting. Thank you for your courtesy.

HOTCA WEBSITE: [www.hotxca.org](http://www.hotxca.org)  
TCA WEBSITE: [www.txca.org](http://www.txca.org)